

# KWP

MARCH 2026

# WORKSHOPS

## Staying Strong & Healthy Community with Lovett & Co

Join us for a 3-part series with proud Gunditjmara woman Dianne Attard-Lovett from Lovett & Co for a practical, feel-good workshop all about healthy living in community.

Together, we'll build confidence in the kitchen, yarn about budgeting and meal planning, and share simple ways to support everyday health and wellbeing for you and your family.

### Workshop details

**When:** Wednesday 11th March  
Wednesday 18th March  
Wednesday 25th March

**Time:** 11.00am - 1.30pm

**Where:** Koori Women's Place  
292 Hoddle st, Abbotsford

**KWP workshops are free and open to all Aboriginal women**

Places are limited, please register by contacting our Koori Women's Place team on 9244 3333 or [kwp@djirra.org.au](mailto:kwp@djirra.org.au)

