



Sharing stories, finding solutions

KWP presents Laughter Lounge: A Play workshop for grown up Joy

Yolanda is a certified, award winning holistic life coach, holistic counsellor, consultant & wellbeing weaver whose practice honours Identity, Sovereignty & Reconnection

Come and unlock your inner-confidence, ditch your self-doubt and re-connect to your full potential by embodying self-worth, self-love and self compassion.

Through self-reflection exercises, participants gain a deeper understanding of their strengths and areas for growth, contributing to personal development and overall well-being.

Workshop details

When: Wednesday 8th May

Time: 11.00am - 1.00pm (includes lunch)

Where: Koori Women's Place
292 Hoddle St, Abbotsford

KWP workshops are free and open to all Aboriginal women

Please register by contacting our Koori Women's Place team on 9244 3333 or kwp@djirra.org.au

