



Sharing stories, finding solutions



KWP presents

Wala Mindful Movement Workshop

(creative movement with cultural
story telling through dance)

Thara is a proud Koori woman with connections to Yorta Yorta living on Wurundjeri Country. She has a love of culture and country, and expresses this with her passion for dance, movement, and creative arts. Wala Connections works with young people and women delivering dance and movement workshops.

This is a cultural safe and inclusive workshop with options and choice in how you participate. We will be encouraging movement for energy release and healing, though participants are welcome to observe.

Workshop details

When: Wednesday 22nd November

Time: 11.00am - 1.00pm

Where: Koori Women's Place
292 Hoddle St, Abbotsford

KWP workshops are free and open to all Aboriginal women

Places are limited! Please register by contacting our Koori Women's Place team on 9244 3333 or kwp@djirra.org.au

1800 105 303

www.djirra.org.au

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