



## KWP presents

## 'Run Sweat Inspire' with Lena Charles

Join Yorta Yorta/Gunai Kurnai woman Lena Charles as she tells her inspiring story of running and resilience, and the power of putting one foot in front of the other.

Lena will share how she went from Mooroopna to running marathons around the world with the Indigenous Marathon Project, and now continues to work for community through Clothing The Gaps.

## **Workshop details**

When: Wednesday 12th April

**Time:** 11.00am 12.30pm

Registration is a must. We'll share the zoom ID on the day.

## KWP workshops are free and open to all Aboriginal women

Please register by contacting our Koori Women's Place team on 9244 3333 or kwp@djirra.org.au



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