



## The Art of Healing with Lee Couch

Lee Couch is a proud Gamilaroi woman, born and raised on the traditional lands of the Kulin Nation. She is an Accredited Mindfulness Meditation Teacher, Earth Educator, and Personal Development Facilitator with over 15 years of experience in Health & Wellness.

This workshop we will gather in Ceremony and share our stories as a part of our healing journey and reflect on those stories through art.

What needs to be heard and healed?

## **Workshop details**

When: Wednesday 19th April

Time: 11.00am - 1:00pm (Lunch provided)

Where: Koori Women's Place

292 Hoddle St, Abbotsford

## KWP workshops are free and open to all <u>Aboriginal women</u>

Places are limited, please register by contacting our Koori Women's Place team on 9244 3333 or kwp@djirra.org.au

How to find us: Hoddle st buses and Victoria Park station are with an easy walk of Djirra's KWP. Free 4 hour parking is available on Lulie St, Abbotsford.

1800 105 303

www.djirra.org.au

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