



Sharing stories, finding solutions

KWP presents

# Sacred Connection with Jirribitti Dreaming

*Emma Stewart is a proud Bidjigal Gweagal Woman.*

*Our Sacred Connection workshop shares the importance of having a daily spiritual routine to connect with culture, country and our Ancestors. Everyone will receive a Sacred Connection Deck which has 28 cultural affirmations to strengthen your spiritual connection. During the workshop you will learn how to use and connect with your Sacred Connection Deck. We will also share our Breathing Beats activity to heal your mind, body and spirit through rhythmic breathing with clapsticks.*

## Workshop details

**When:** Thursday 30th June

**Time:** 11.00am - 12.30pm

**Registration is a must. We'll share the zoom ID on the day.**

**KWP workshops are free and open to all Aboriginal women**

Please register by contacting our Koori Women's Place team on 9244 3333 or [kwp@djirra.org.au](mailto:kwp@djirra.org.au)

