



Sharing stories, finding solutions



KWP presents

Live Your Best Life workshop

Join Yorta Yorta Holistic Life Coach & Wellbeing Facilitator
Yolanda Finette for a workshop to create daily rituals and habits
for success.

- Tap into your own resources and wisdom to make some positive tweaks and adjustments to support your journey.
- Harness your sovereignty and power to feel in control of your lifes' path
- Reflect on your personal values and priorities
- Create greater awareness of the areas in your life you are thriving and where you are being held back to release what is no longer serving you

Participants will require a pen & paper to do the exercises.

Workshop details

When: Thursday 10th February

Time: 11:30am - 1:00pm

Registration is a must. We'll share the zoom ID on the day.

KWP workshops are free and open to all Aboriginal women

Places are limited, please register by contacting our Koori Women's Place team on 9244 3333 or kwp@djirra.org.au

1800 105 303

www.djirra.org.au

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