

August KWP Virtual Workshop Calendar

Activities are free and open to all Aboriginal women, you will need access to the Zoom app

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Boxing (beginner) workshop 1pm - 2pm	4	Employment workshop 1: Removing Barriers 11am - 12pm	Phone counselling by appointment only	7
10	Phone counselling by appointment only	Employment workshop 2: Resume Writing 11am - 12pm	Phone counselling by appointment only	Something sweet with Mabu Mabu 11am - 12.30pm
17	Phone counselling by appointment only	Employment workshop 3: Interviewing 11am - 12pm	Phone counselling by appointment only	Wattleseed Nutrition Series 1: A taste of Mindfulness (deep listening) 10am - 11.30am
24	Phone counselling by appointment only	Employment workshop 4: Digital skills 11am - 12pm	Phone counselling by appointment only	Wattleseed Nutrition Series 2: Introduction to Mindful Eating 10am - 11.30am
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